TRACKING ...

TOP STORY



sergeant major retires

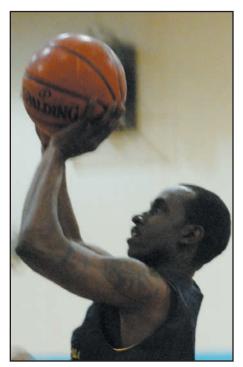
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The Fort Jackson Leader



Thursday, April 2, 2009

Published for the Fort Jackson/Columbia, S.C. Community

www.fortiacksonleader.com

Volun-cheers!

Unit to be honored by governor Maj. Laurence Christian, battalion executive "One of the main things that they do is one-

By CRYSTAL LEWIS BROWN

Leader staff

Fort Jackson's 1st Battalion, 13th Infantry Regiment has been named the volunteer group winner for the Governor's Volunteer Awards.

The statewide awards are presented each year for outstanding volunteers in eight categories; the battalion will receive the award for volunteer group. The battalion will be presented the volunteer group award in May for its work at Columbia's Annie Burnside Elementary School.

Command Sgt. Maj. Jeffrey Dunkelberger said finding out about the award was a surprise.

"I think it's awesome, but it's a total shock,"

officer, agreed.

"It was a shock we got the award," he said. "We had no idea they were going to do that for

Dunkelberger first got the idea of volunteering at Burnside from his wife, who is a teacher's assistant there. Once he heard some of the students' stories, he decided to go there on his

"I went down to check it out, and found it to be a rewarding experience," he said.

And from there, the project grew.

Approximately 50 Soldiers participate in the program, with about half of them coming every week to visit and read to the same child or group of children.

on-one mentoring," said Alexandra Renwick, Burnside's academic coordinator. "Usually they spend anywhere from 30 minutes to an hour with each kid."

Even with a schedule that keeps many of the drill sergeants and battalion staff busy day and night, they still make time to volunteer.

"Everybody's doing this on their lunch break," said Dunkelberger.

Sgt. 1st Class Phyllis Harper is one of those who finds herself returning to the school each

"Once you see those little kids, it just compels you to keep coming back," she said. "The

See Fort Jackson: Page 4

Born to bike



Photo by MIKE A. GLASCH

Motorcycle enthusiasts rumble along Semmes Road Tuesday as part of the annual Victory Thunder Motorcycle Rally. More than 100 riders took part in the rally to promote motorcycle safety. For more on the rally, see page 17.

Keeping Army families happy a top priority

Por years, the adage has been used throughout the Army: "If the family's not happy, the Soldier's not happy."

And with 28 years in the Army, 28 years of marriage, countless PCS moves and one child, Chad, I know just how important it is for family members to feel like a part of the community.

Army-wide, there are approximately 500,000 active duty Soldiers. The number of dependents, including spouses, children and others, totals more than 800,000. Here on Fort Jackson, we have more than 3,900 active duty Soldiers and their 14,000 family members. The numbers alone speak to just how important family is to the individual Soldier and to the Army as a whole.

Admittedly, it's easy for our family members to get lost in the shuffle as we work overtime to make sure Fort Jackson continuously turns out the best-trained Soldiers in the Army. But taking time to address the needs of our families is something in which I have taken a personal interest.

Our on-post directorates and agencies have stepped up their efforts to provide more family-friendly activities, and are doing their best to provide family members with BRIG. GEN. BRADLEY W. MAY

Fort Jackson Commanding General



various programs and outlets to make sure their stay in the Columbia area is an enjoyable one.

Most recently, our attempts at reaching our families is the new "Focus on Families" section in the *Fort Jackson Leader* — the weekly on-post newspaper.

Although the goal of our publication is to be a source of information for the entire Fort Jackson community, this section contains extras aimed strictly at our families. Besides a regular column written by a DA civilian and Army spouse, the section features photos and stories that highlight our family programs and family members. Many issues will even include a section specifically for

children

The timing of new family section couldn't be better as we celebrate the "Month of the Military Child," which kicks off Saturday with a Family Fun Fair sponsored by FMWR. The month is filled with activities geared toward our youth — including an overnight trip, poetry reading, fashion show and dog show — and many of them will be featured on the family page.

This section is only one of several projects that we hope will improve the lives of our families, thus improving the morale of our Soldiers. However, we cannot do it alone — we need the assistance of the entire community to make this work. The bi-monthly page will be making its fifth appearance next week and your input will be greatly appreciated. Whether you have a question, a story idea or just want to leave a comment, the *Leader* staff welcomes and looks forward to your e-mails.

Over the years, Jan and I have come to believe that there is nothing more important than family. And we hope that with your help, you will come to think of this community as part of your extended family.

Army Strong!

Several child care options offered to Soldiers

Soldiers assigned to Fort Jackson do not all have banker hours. So, why is the day care only open from 7:30 a.m. to 5:30 p.m.? I thought that the CDC was here to support the military.

There is more than one day care center on Fort Jackson. The Scales Avenue Child Development Center provides full day and extended hours child care for children from 6 weeks to kindergarten age from 4:30 a.m. to 8 p.m., Monday through Friday, and 5 a.m. to 6 p.m. on Saturday.

Soldiers who need the extended hours care (more than 12 hours a day) must submit a letter from their unit to verify that their work hours require an exception to the Army policy of no child being in care for more than 12 continuous hours.

The School Age Services Program opens at the Youth Center at 4:30 a.m., Monday through Friday for school age children and from 5 a.m. to 6 p.m. on Saturday.

COL.
LILLIAN A. DIXON
Fort Jackson
Garrison
Commander



Monday through Friday, the program closes at 6:30 p.m. However, Soldiers who need care after 6:30 p.m. for mission requirements can use the School Age CD home at 5953B Parker Lane. Their child will be transported from School Age Services to the CD home for dinner and can remain there for evening activities up until 9 p.m.

In addition to the Scales Avenue CDC, School Age Services Program and the School Age CD home, there are two other Child Development Homes located at 5955A and 5955B on Parker Lane. These homes operate from 4 a.m. to 9 p.m., Monday through Friday, and from 5 a.m. to 6 p.m. on Saturday.

For more information about extended hours care or to identify the program that will best meet your child care needs, contact the Outreach Services Director, Cindy Andre Noel at 751-4869.

Garrison fact of the week

Fort Jackson, which is named after Maj. Gen. Andrew Jackson, a South Carolina native and the seventh U.S. president, originally consisted of almost 1,200 acres of land. Today, the post includes more than 52,000 acres including more than 100 ranges and field training sites and 1,160 buildings — a far cry from its inception in 1917.

To submit questions for the "Ask the Garrison Commander," call 751-2842, or e-mail nahrwolds@conus.army.mil.

Leader

Fort Jackson, South Carolina 29207

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Garrison CSM Kellam retires

By SUSANNE KAPPLER

Leader Staff

Garrison Command Sgt. Maj. Lewis Kellam relinquished responsibility Tuesday in a ceremony at the Joe E. Mann Center. Kellam retired after almost 26 years in the Army.

The Dublin, Ga. native first came to Fort Jackson during Advanced Individual Training as a personnel record specialist and later was stationed here as a drill sergeant and drill sergeant instructor. He became the garrison command sergeant major in January 2007

"As my senior enlisted adviser, Command Sgt. Maj. Kellam has been my critic, my coach and my friend," said Col. Lillian Dixon, garrison commander, during the ceremony. "He has weathered two years as the command sergeant major here at Fort Jackson. This has been no ordinary task — an accomplishment fit only for an extraordinary man. He has made his presence felt by epitomizing what it means to be a Soldier

and an NCO."

When Kellam started his Army career, the probability of becoming a command sergeant major seemed remote.

"I can recall graduating from basic training in 1983 as a private," Kellam said. "There was a young E4 who out processed me. We had the same MOS. And she said, 'You will never make sergeant because the cutoff score is too high.' And two years and eight

months after that, I was a sergeant."

Consequently, Kellam cited being named command sergeant major the highlight of his career.

"Having risen to the highest rank an enlisted man can achieve, I'm just proud of the work that I had to put in to accomplish that, which made me a better person — which made me the leader I wanted to be," he said.



Command Sgt. Maj. Kellam

One of the things he is most proud of is having been able to mentor young Soldiers.

"I truly believe my role—the thing that I have been successful at—is serving others," he said. "I've been fortunate enough, I believe, to be strong on my own. But there are a lot of people who need a pat on the back, people who need a second chance or who need someone to talk to. I

think I've been that person to guide and coach and lead young people in the right direction, making them realize how important the military is to them."

Kellam said he hopes to be able to continue to guide young people in the right direction and encourage them to work hard and never quit. One thing he said he emphasizes when talking to young Soldiers is

the value of education

"Education is very important. I came into the Army right out of high school," he said. "As I got older, I realized the importance of an education. Not only how it would benefit me financially, but how it would develop me as a human being, make me a better person. I will leave the Army with a master's degree in education, which is going to open some doors for me, I do believe. I will tell kids to take advantage of the education system that the Army provides."

Kellam said he will start looking for a civilian job soon, but first he plans on spending some time with his family in Pooler, Ga.

"I'm going to take some time off and rest and just relax and spend some time with my family — take some trips, clear my mind, remove the stress and just enjoy life for about two or three weeks," he said.

Kellam will be succeeded by Command Sgt. Maj. Christopher Culbertson who is scheduled to report in May.

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Retiree event set this month

By CRYSTAL LEWIS BROWN

Leader Staff

Golfing, bowling, shopping and eating.

If that sounds like the recipe for a good weekend, local military retirees are in for a treat.

These activities and more are part of this year's Retiree Appreciation Days. This year's event is scheduled for April 24 and 25.

Mike Molosso, chairman of the Retiree Council, said the event is a chance for the installation to reach out to area retirees.

"It demonstrates, in my mind, the appreciation the Fort Jackson leadership has for retirees," he said. "You really get an opportunity to see how much the installation cares about its retiree population."

The weekend event often draws several hundred people who come out to spend time with other retirees while learning about their benefits.

Saturday's expo will include health screenings from Moncrief Army Community Hospital staff and allow participants the opportunity to see what entitlements they receive as retirees.

"It's usually a pretty big event," Molosso said. "We get a very good cross-section of our retiree population. This is an opportunity from a one-stop shop perspective to get a great feel for what type of support and service they can receive here on Fort Jackson."

But with golf and bowling tournaments, bingo, AAFES and commissary sales and a dinner scheduled, it will not be all work and no play for the area retirees.

"It's also an opportunity for them to spend time with their friends and other retirees and their families to have a nice, relaxing weekend," Molosso said.

Crystal.Y.Brown@us.army.mil

EIB recipients



Photo by CRYSTAL LEWIS BROWN

This year's Expert Infantry Badge recipients are, from left: Staff Sgt. Gerry Washburn, Company F, 1st Battalion, 34th Infantry Regiment; Sgt. 1st Class Aaron Bullard, Co. C, 2nd Bn., 13th Inf. Reg.; Staff Sgt. Matthew Knutt Co. E, 2nd Bn., 39th Inf. Reg.; Staff Sgt. Andrew Benson, Co. A, 1st Bn., 34th Inf. Reg.; Staff Sgt. Joseph Gavin Co. A, 1st Bn., 34th Inf. Reg.; Staff Sgt. Joshua King, Co. A, 2nd Bn., 13th Inf. Reg.; 2nd Lt. Barry Moore, Co. F, 2nd Bn., 60th Inf. Reg.; 2nd Lt. Joshua Liley, Co. F, 2nd Bn., 13th Inf. Reg.; Staff Sgt. Michael Eilers, Co. C, 2nd Bn., 60th Inf. Reg.; Staff Sgt. Justin Kossman, Co. F, 2nd Bn., 13th Inf. Reg.; Staff Sgt. Juan Hernandez, Co. B, 1st Bn., 13th Inf. Reg.; Staff Sgt. Carter Conrad, Co. E, 1st Bn., 61st Inf. Reg. Hernandez and King were designated "True Blue" for passing all events on their first try.

Fort Jackson battalion earns state volunteer honors

Continued from Page 1

award is great, but it's about the children more than anything."

Staff Sgt. Marcus Brown said that he likes the opportunity he gets to be a male role model for those students who may not have one.

"A lot of the kids in my classes don't have a male role model," he said. Growing up, he said, an uncle filled that role for him. "I'm no one's uncle, but I can still do that for the community."

In addition to the weekly mentoring and career day, the Soldiers have also helped out with several other school assemblies.

The battalion has participated in several events, including Veterans Day, Red Ribbon Week, Martin Luther King Jr. Day, and, for Christmas, passed out a gift to each child in the school.

The volunteers' impact on the school has been incredible, Renwick said.

"It has been amazing," she said. The children who spend one-on-one time with the Soldiers ask her about them every day until the next weekly visit. "When am I going to see 'my' Soldier," she recounted them asking.

Their willingness to go "above and beyond" is what prompted the school district to nominate the Soldiers, Renwick said.

The school first nominated them for the district award and was later contacted by the district about trying for the statewide honor.

"They have been like celebrities around here," she said. "It's an honor for us as well that they chose us. We are grateful, they are



Courtesy photo

Top: Lt. Col. John Calahan, commander of the 1st Battalion, 13th Infantry Regiment, reads to Michael, 4, a preschooler at Annie Burnside Elementary School. The battalion will be honored in May by the South Carolina governor for its volunteer work.

awesome.

And though the Soldiers are appreciative, their reward, they say, is getting to work with the children.

"It's a good feeling to know that we're

being recognized," said Lt. Col. John Calahan, battalion commander. "But that wasn't the intention; we just wanted to do something good for the community."

It also gives them a chance to show the

community the Army is about more than just training and fighting.

"When we do things like this, it shows another side of what we do," said Brown.

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Spending time off the trail

Resiliency program allows cadre a much-needed break

By SUSANNE KAPPLER

Leader Staff

Staff Sgt. John Doe reports for duty at 4:30 a.m., six days a week. He returns home to his wife and daughter at 9 p.m. — on a good day. Sometimes, he has to perform additional duties. He has been on this schedule for 11 months — since he became a drill sergeant.

With the high demands that come with the job, the ability to bounce back from stress is invaluable.

A newly invigorated program on Fort Jackson offers drill sergeants the opportunity to do just that. The Drill Sergeant / Advanced Individual Training Platoon Sergeant Resiliency Program is mandatory for drill sergeants who are midway through their tour of duty and again one year later if they extend their tours.

The program was previously called Drill Sergeant Wellness and has been reworked in the past few months.

"The new program is focused on providing our drill sergeants and AIT platoon sergeants with a break from their day to day service," said Col. Jeffrey Sanderson, Fort Jackson chief of staff. "The program is designed to educate — or re-educate — them on several key resiliency skills that are critical while they execute a tough and demanding mission."

Drill sergeants who participate in the program leave work Friday afternoon and are exempt from all duties — including charge of quarters and staff duty — the following weekend. On Monday and Tuesday the Soldiers attend classes that are designed to help them cope with stress, improve their life skills and help them make the most of their time with their families. Wednesday is set



as a chain of command is to provide them with the very best resiliency skills we possibly can in order to set them up for success.

— Col. Jeffrey Sanderson Fort Jackson chief of staff

aside for Soldiers to update their records or catch up on medical and dental appointments that may get pushed aside while they are training Soldiers. The week culminates in a four-day pass, which gives the drill sergeants and AIT platoon sergeants a total of nine consecutive days away from their units.

"Our cadre are working long and tough hours. They have a tremendous responsibility in transforming citizens into Soldiers," Sanderson said. "Many of our cadre are coming from overseas deployments only to be selected for the privilege of transforming citizens into Soldiers. Our obligation and focus as a chain of command is to provide them with the very best resiliency skills we possibly can in order to set them up for success. The training is focused not only on their mission obligations but on their family skills as well."

The training sessions are open to spouses

as well, but most spouses are not taking advantage of the opportunity, said Staff Sgt. Frank Cortez, G3 training noncommissioned officer, who oversees the program. Cortez sets up appointments for the participants and coordinates attendance rosters with the brigades.

As part of the reorganization, the program was extended from seven to nine days and expanded to include AIT platoon sergeants. But the changes also affect the content of the classes.

Chaplain (Maj.) James Smith, family life chaplain, said the new program focuses more on the needs of the drill sergeants and AIT platoon sergeants.

"The whole program ... has been overhauled, but specifically the chaplain section," Smith said. "The areas that we cover now — resiliency, personal accountability and family fitness — address what's really happening to the drill sergeants."

Smith said that he sees the program as a means of establishing a stronger relationship between chaplains and drill sergeants.

"The chaplains on this installation, starting with the installation chaplain throughout the entire chaplain corps, are concerned about their well being," he said. "We will do whatever we feel necessary and that we're capable of to help them succeed and their families succeed, so that we can improve the climate and the quality of life here at Fort Jackson."

According to after action reviews, the program is a success with the drill sergeants and AIT platoon sergeants, Sanderson said.

Staff Sgt. James Madison, a drill sergeant with Company F, 3rd Battalion, 13th Infantry Regiment, said the program was very educational. Despite benefitting from the program, Madison said he felt conflicted about being away from his company.

"I'm looking forward to being at home, but we're short on drill sergeants in my company. So being gone hurts (the other drill sergeants)," Madison said. "After a while, you build that camaraderie with them, so you don't like to be gone."

While Command Sgt. Maj. Sean Watson, 165th Infantry Brigade, said he understands that sentiment, he encourages drill sergeants to make the best of their break without feeling guilty. Watson said the program has many benefits.

"The course has been designed to give drill sergeants and their families predictability," he said. "It guarantees them time away from the unit to re-energize mentally and physically. It separates them from the Soldiers. It separates them from all the issues of the cycle. And then they start fresh again."

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Wagner: Can-do attitude prevails

Rank, name

1st Sgt. Letricia Wagner

Unit

Drill Sergeant School

Job title / Military Occupational Specialty Chief instructor / 42A Human Resources Specialist

Years in service

15 years

Marital status

Married, three children

Highest education

Associate's degree

Hobbies

Skating, riding motorcycles

In the 15 years 1st Sgt. Letricia Wagner has served, she has been deployed to Afghanistan and Iraq.

She has been stationed at Fort Bragg, N.C., Camp Zama, Japan and Fort Jackson

She said her most memorable experience, besides her first airborne jump, was completing the 12-mile road march during a hurricane threat to earn her air assault badge.



Photo by CRYSTAL LEWIS BROWN

First Sgt. Letricia Wagner serves as chief instructor at the Drill Sergeant School. She has been in the Army for 15 years.

NCO spotlight

"I didn't want to quit because I drove all the way from Fort Bragg to Louisiana," she said. "I wasn't going to leave without my badge."

One of the people who influenced her most in her military career was her mentor, Master Sgt. George Minick.

"He's mapped out my career for me and made me go to drill sergeant school,"

she said. "Now he's mapping out my career from Fort Bragg."

Her goal is to receive her bachelor's degree in human resources and to "positively effect as many people as I can while I'm on this earth."

Her advice for junior enlisted Soldiers:

"When someone tells you you can't, tell them you can. Don't let anyone tell you what you can't do."

We salute you!

The NCO Creed

No one is more professional than I. I am a non-commissioned officer, a leader of Soldiers. As a noncommissioned officer, I realize that I am a member of a time-honored corps, which is known as "the backbone of the Army." I am proud of the Corps of Noncommissioned Officers and will at all times conduct myself so as to bring credit upon the corps, the military service and my country regardless of the situation in which I find myself. I will not use my grade or position to attain pleasure, profit, or personal safety.

Competence is my watchword. My two basic responsibilities will always be uppermost in my mind — accomplishment of my mission and the welfare of my Soldiers. I will strive to remain technically and tactically proficient. I am aware of my role as a noncommissioned officer. I will fulfill my responsibilities inherent in that role. All Soldiers are entitled to outstanding leadership; I will provide that leadership. I know my Soldiers and I will always place their needs above my own.

I will communicate consistently with my Soldiers and never leave them uninformed. I will be fair and impartial when recommending both rewards and punishment.

Officers of my unit will have maximum time to accomplish their duties; they will not have to accomplish mine. I will earn their respect and confidence as well as that of my Soldiers.

I will be loyal to those with whom I serve; seniors, peers, and subordinates alike. I will exercise initiative by taking appropriate action in the absence of orders. I will not compromise my integrity, nor my moral courage. I will not forget, nor will I allow my comrades to forget that we are professionals, noncommissioned officers, leaders!

DEERS Web site helps patients access records

From TRICARE MANAGEMENT ACTIVITY

The Department of Defense family member account to access the Defense Enrollment Eligibility Reporting System (DEERS) has a new name and the Web site has a new look

It is now called "DS Logon." A DoD Self-Service Logon — or "DS Logon" — is a secure credential issued to uniformed service members, spouses and other family members age 18 and older who are eligible for benefits in the DEERS system. It allows access to secure DoD Web applications.

A DS Logon electronically links a TRICARE beneficiary's identity to their medical records, pay and human resource systems, and allows them to

access different web applications, such as the beneficiary Web enrollment site,

https://www.dmdc.osd.mil/appj/bwe/.
To create a DS Logon, sponsors

may use their CAC or MyPay PIN in the DS Logon Access Manager at https://www.dmdc.osd.mil/dsaccess.

Sponsors may request a DS Logon for themselves or a family member. A personal identification number will be mailed along with instructions on how to activate the DS Logon.

Family members can also request a DS Logon for themselves at a RAPIDS station when they are getting an identification card and the onetime PIN will be mailed to them.

For more information about requesting a DS Logon, visit https://www.dmdc.osd.mil/appj/dsaccess/pub/FAQ.do.

Visit http://tricare.mil/mybenefit/ MHS, go to www.health.mil.

for information about TRICARE benefits.

About TRICARE Management Activity and the Military Health System

TRICARE Management Activity, the Defense Department activity that administers the health care plan for the uniformed services, retirees and their families, serves more than 9.4 million eligible beneficiaries worldwide in the Military Health System.

The mission of the MHS is to enhance Department of Defense and national security by providing health support for the full range of military operations.

The MHS provides quality medical care through a network of providers, military treatment facilities, medical clinics and dental clinics worldwide.

For more information about the MHS, go to www.health.mil.

MACH updates

- ☐ The Moncrief Army Community Hospital Ophatalmology Clinic will conduct quick cataract evaluations April 24 for all beneficiary categories, including active-duty family members, retirees and retiree family members. To schedule an appointment, call 751-5406. Patients do not need a referral to schedule an appointment.
- ☐ There is ongoing construction to the parking lot on the ground floor entrance to the hospital to make it more ADA compliant. Staff should only park where they are allowed stay off the grass you will be ticketed. These repairs will take 3-4 weeks to complete, so please be patient while the parking lot is upgraded.
- ☐ Moncrief Army Community Hospital will be hosting the Retiree Health Fair from 9 a.m. to 2 p.m., April 25-26 at the MG Robert B. Solomon Center.
- ☐ A phone number has been established for patients to call to cancel their appointments after duty hours. To cancel an appointment after duty hours, call 751-2904.

During duty hours, from 7:30 a.m. to 4 p.m., call 751-CARE (2273) to cancel an appointment.

- ☐ The new Warrior Transition Unit and the Soldier Family Assistance Center will be completed soon.
- ☐ The pharmacy is now located on the ground floor and the TRICARE, EFMP and EDIS offices are located on the 10th floor.
- ☐ Reach MACH toll-free at (877) 273-5584 or locally at 751-CARE (2273), or visit online at www.moncrief.amedd.army.mil or www.tricare.osd.mil.

Child Abuse Prevention Month events

- ☐ Throughout April, the post library will have a visual display set up in its lobby
- ☐ MACH will display a Child Abuse Prevention display in its lobby **Monday** through April 9.
- ☐ Saturday, from 10 a.m. to 2 p.m. is the Military Child Family Fun Fair at Hilton Field.
- ☐ Monday through April 9 is the Prevention and Education Bully Awareness of Youth class at 5615 Hood St., classroom 10.
- ☐ The **Spring Jamboree/Earth Day** festivities and **Easter Egg Hunt** happens at the Youth Services Sports Complex April 11 from 10 a.m. to noon.
- ☐ An **educational workshop** by Army Community Services will be held at the C.C. Pinckney Elementary School Annex April 21 from 9 a.m. to 2 p.m.

Off-post events

- ☐ ACS will have a booth at the **Prevention Cafe** at the South Carolina Department of Social Services, 1535 Confederate Ave. in Columbia April 27, 11 a.m. to 1 p.m.
- ☐ The **Clothesline Project** at USC's Alumni Park will display shirts decorated by survivors of sexual assault and supporters of the fight to end violence, through Monday.

Supplements might not help dieters' slim down efforts

o supplement or not to supplement-that is the question. As I add a fitness spin to this famous quote by Shakespeare's character Hamlet, I realize that the meanings are very similar.

Hamlet posed his question to determine whether he should live or die. I pose my question because the proper use of dietary supplements is a matter of life or death.

Last summer I heard about a supplement that was guaranteed to flatten your stomach in three hours. I jumped all over that opportunity to get ripped for the Beyonce'concert that I had front row seats and back stage passes to.

I waited exactly three hours before going to the concert to take the supplement so that I could look my best. After about two hours, the supplement began to do its job.

It worked so well, that I spent the next three hours locked in the bathroom. I totally missed the concert, missed meeting Beyonce', and apparently missed the fine print that stated "this product may cause extreme diarrhea." I still have nightmares about that event.

A dietary supplement is defined as a product intended to supplement one's diet that contains one or more dietary ingredients and is intended to be taken by mouth in the forms of tablet, capsule, powder, or liquid.

But unlike prescription and over-the-counter drugs, a manufacturer is not required to prove the safety and effectiveness of a dietary supplement before it is marketed. That fact makes dietary supplements potentially dangerous to consumers.

However, the US Food and Drug Administration (FDA) monitors all dietary supplements and will take the appropriate action to warn the public or remove products that are unsafe.

MAJ. THOMAS HUNDLEY Moncrief Army Community Hospital



A great example is the FDA's swift action to remove ephedrine from fat burning supplements.

Research has shown that some uses of dietary supplements are effective in preventing and treating diseases. The most commonly used supplements are multivitamins fish oil, omega 3, glucosamine, Echinacea, flaxseed oil, and ginseng.

Here are some key points to consider if you are considering using dietary supplements:

- ☐ Read the instructions on the label carefully.
- Get information about the supplement from a reliable source.
- Consult your health care provider to determine if your supplement interacts with any other medications you are taking.
- ☐ Always use supplements as directed. The active ingredients may be higher or lower than the label states.
 - ☐ Most importantly, read the fine print.

To supplement or not to supplement — that is the question.

Military children's month FMWR calendar packed with activities

By THERESA O'HAGAN FMWR Marketing

What do a fair, Junior Olympics, Health Rocks! Night, Earth Day, egg hunts, picnics and a dog show have in common? They are just a few of the events planned to celebrate Month of the Military Child.

As part of Child, Youth and School Services commitment to the Army Family Covenant, the Month of the Military Child will reserve this for a Family Fun Fair, Saturday, from 10 a.m. to 2 p.m. at Hilton Field.

Family and Morale, Welfare and Recreation will provide a Ferris wheel, a spinner, swings and a bucket ride for parents and chidren, as well as an inflatable Strong Man Obstacle Course. CYSS is providing its bounce house and slide as well as other attractions.

'The rides and games will be free. All of our FMWR activities are kicking in to ensure there are enough activities and games for what we hope will be a great turnout," said Rose Edmond, director, CYSS. Food concessions will be available on site. So bring out the family for a day of fun.

Youth Sports will be holding **Junior Olympics** Monday and Tuesday. Basketball is set for Monday at 10 a.m. at the Youth Center Gym and Tennis 1 p.m. at the Semmes Road Tennis Court. Soccer takes place Tuesday at 10 a.m. and track is set for 1 p.m. at the Youth Sports Complex.

'This is a local competition for youth, 8 - 13 years old. On June 13, Fort Jackson will the host the South Carolina south region competition. We'd love to see a Fort Jackson youth move on to national level," said Craig Plowman, director, Youth Sports and Fitness. Children do not have to be CYSS members to participate. Also, Youth Sports will conduct a Baseball Skills clinic, April 14, 5-7 p.m. at the Youth Sports Complex. For more information on this or the Junior Olympics, call Plowman at 751-5040 or 751-3807.

Teens have not been left out of the planning. An overnight college trip for teens is planned for April 9 and 10. The group will visit colleges and stay overnight at Clemson University. The trip is free; however, a \$10 deposit is required to pay for meals. There are only 20 spaces available, so early sign-ups are encouraged. For more information or to register, call James Andrews at 751-6387.

On April 11, teens will have a **Flashlight** Easter Egg Hunt at the Youth Center. A little more challenging than the traditional egg hunt, this event starts at dusk and participants need to bring a flashlight and something in which to col-

> lect their eggs. Health Rocks! will keep first through 12th grade students healthy

and active on April 10,

6:30-9 p.m. at the Youth

Center.

"Children can participate in yoga, cardio burning activities, martial arts and other health and fitness activities.

Health Rocks! also includes a healthy dinner," said Madge McNaboe, nutritionist, FMWR. Parents and younger children are welcome to come join in the fun.

Parents must remain on site and supervise their children, kindergarten and vounger.

Another fun family event and tradition at Fort Jackson is the very popular Spring Jamboree featuring a Fun Run, Earth Day activities and Easter Egg Hunt, 8 a.m. to noon at the Youth Center. Participants will have fun while learning about recycling, plants, animals and protecting the environ-

The Middle School and Teen Program is hosting a Poetry Reading at the Coleman Library, April 17, 5:30 -6:30 p.m. Poets and poetry lovers of all ages are invited to come out and share their favorite poems.

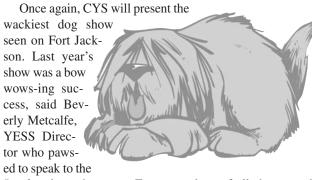
CYSS invites everyone to find out about the myriad of programs at the Splashin' Summer Sign Up April 18 at Knight Pool, 1-4 p.m. Have fun with CYSS while learning about (and signing up for) summer programs.

The middle school students will show off their fashionforward styles at the Middle School Fashion Show, April 18, 5 p.m. at the Youth Center. If your middle school youth wants to get involved, contact Louise Hughes, Monday through Friday evening at the Youth Center, 751-6387.

Family Child Care providers will celebrate Month of the Military Child with a picnic at Patriots Park, April 24, 10 a.m.- noon. Parents with children enrolled in FCC are in-

Family Skate Night will bring families together April 24, 7-9 p.m. at the Youth Center gymnasium.

The Month of the Military Child finishes with a flourish - The 3rd Annual April Fool-ish Dog Show will be held April 26, 1:30-4 p.m. at the Youth Sports complex.



Leader about the event. Forty-one dogs of all shapes and sizes participated and a tail-waggin' time was had by both the two-legged and four-legged participants.

With lots of fun categories to choose from, there is surely one to suit every dog (animate or inanimate). Contestants are urged to pre-register for the event.

Registration is free with a donation of old towels, blankets, dog toys, leashes, or treats. All proceeds will be donated to the Fort Jackson Veterinary Clinic.

Pre-registration packets are available at any CYSS location or at the CYS Central Enrollment Office in the Joe E. Mann Building, 3392 Magruder Ave.

For information, contact Beverly Metcalfe at 751-3053.

- ☐ Visit Century Lanes for food, fun and bowling.
- ☐ Magruders Pub and Club is open for lunch.
- ☐ Visit the Officers' Club for specials or the buffet.

Tomorrow

- \square Artistic Expressions with Jake, 6:30 p.m., Teen Room at the Youth Services Center.
- ☐ Dance to a variety of music provided by DJ Randall at Magruders Club, 9 p.m. to 3 a.m. Magruders Club is located in the back of Magruders Pub. Cover charge is \$5 for civilians and \$3 for military.
 - ☐ Fish fry at the Officers' Club, 11 a.m. to 1:30 p.m.
 - ☐ Navy ROTC tournament, Fort Jackson Golf Club.

- ☐ Step Team practice, 2 p.m., Dance Room at the Youth Services Center.
- ☐ Classic Soul Saturday, 9:30 p.m. to 2 a.m., Excalibur Room at the NCO Club. Cover charge is \$5 for civilians and \$3 for military. Live broadcast form the BIG DM 103.1 with giveaways, 9:30-11 p.m.

Sunday .

- ☐ Family day at the Youth Services Center, 2-6 p.m.
- ☐ Traditional brunch, 11 a.m. to 2 p.m, Officers' Club.

Monday

☐ The NCO Club offers a full lunch buffet Monday-Friday, 11 a.m. to 1:15 p.m. for \$7.

Tuesday

☐ Free movies at Magruders.

- ☐ Karaoke night with Tom Marable at Magruders Club. Cover charge is \$5 for civilians and \$3 for military.
- ☐ Post newcomers briefing, 9 a.m., Post Conference

Ongoing offers -

- ☐ The Officers' Club is ready to host your next special event. The club's professional staff will ensure every detail is addressed so your event will be to your specifications.
- ☐ The NCO Club breakfast is served 6-9 a.m., Monday through Friday. The cost is \$7 for adults and \$3.75 for children 4-10 years old.
- ☐ Victory Travel has special offers for a variety of dinner shows and attractions. Currently offered are discounted tickets to Carowinds, \$30 per ticket, and Six Flags, \$27 per ticket, for the 2009 season. Some offers require reservations. For more information, visit Victory Travel in the MG Robert B. Solomon Center.
- ☐ Enjoy resort accommodations for between two and six people for less than one would pay for most hotels with the Armed Forces Vacation Club. For details of resort availability, call the reservation center at (800) 724-9988. Be sure to say you are a first-time Armed Forces vacation caller. A vacation counselor will take your enrollment and help you find an available resort.

Fort Jackson is Installation No.164.

Youth summer program promises no idle hands

By RUTH RUSSELL

School Liaison Officer

It's that time again. The school year is coming to an end and children and youth are looking forward to a chance to relax and unwind.

However, it's never too early to start planning summer child and youth activities for your youngsters. Va-

cations, trips to crandma's and summer camps are just a few of the many options that can keep your children busy and away from the TV, off Internet social networking sites, and out of trouble.

The CYSS SKIESUnlimited program is here to

help, and is offering a variety of instructional activities for children and youth as part of their Summer Enrich-

In addition to the regular ongoing classes, SKIESUnlimited is offering weeklong (four- and fiveday) classes that are both fun and educational for 3 year olds all the way up to high school seniors.

Classes are offered in all four of the SKIESUnlimited Schools of instruction: the School of the Arts, School of Sports and Fitness, the School of Life Skills, and the School of Academics.

Fort Jackson children receive a special price through SKIESUnlimited for all off-post classes, and transportation is available to most classes at no extra cost to parents.

The School of the Arts is offering a week of art for older school-aged children and several weeklong dance classes for children ages 3-12 years of age. The

art class will begin and end in the SKIESunlimited art studio on Fort Jackson, although children will take trips off post to visit local museums and artists.

Weeklong dance classes will be offered at the Colum-

bia City Jazz School located by the Riverbanks Zoo and will be taught by Columbia City Jazz School fac-

The Twinklers Dance, available for 3- and 4-year olds and 5- and 6 year-olds, is both an educational and fun filled week of dance exploration.

The Next Step Dance, available for children 7-12 years, is an intensive week of dance instruction with guest instructors such as Ivan Koumaev, from "So You Think You Can Dance" and Allen Cooper.

The School of Sports and Fitness is offering a wide variety of weeklong classes. In addition to the SKIESUnlimited summer swim classes, the School of Sports and Fitness is offering a week of basketball, soccer, golf, baseball, karate, gymnastics, cheerlead-

For our older and braver athletes, SKIESUnlimited, in partnership with Youth Sports, is offering an Extreme Sports Week. During this challenging week, ath-

letes will be pushing their limits while working on rock climbing, biking, swimming, and more.

Younger school-aged athletes can test their outdoors skills with a week of canoeing, hiking, swim-

The Outdoor Adventure Camp, offered in partnership with Outdoor Recreation, teaches children basic outdoor survival skills such as setting up tents, cook-

ing outdoors, and archery.

A week of karate instruction will be offered at the Columbia School of Karatedo's main dojo located in West Columbia. Students will be studying essential karate skills under Sensei Han-

shi Able while testing their physical fitness through exercises and games.

A week of gymnastic instruction and a week of cheerleading is also available at Flying High Academy, located in West Columbia. Students 5 years old and up have the opportunity to study under professional gymnasts and cheerleaders.

The School of Life Skills is offering several informative classes for older students. Middle schoolers and teens can participate in a week of culinary arts, fashion design and babysitter training.

During the culinary arts class, students will not only learn to prepare their own dishes, but will travel to see some of the best local chefs in action.

The fashion design class will show students how fashion works, from planning to runway, and allow students to design and show their own line of clothes.

The babysitter-training class, designed to prepare youth to babysit within their community, gives a more in-depth look at the business of babysitting.

In addition to teaching students essential first aid and CPR skills, they will also learn about child development, safety, nutrition, and business basics. All students, 13 years and older, who pass the training can obtain their babysitter certification, which allows youth to babysit on Army posts.

The **School of Academics** is offering two special and new classes this year. For students ages 3-5 years, a week of German instruction and a week of Spanish instruction will be available.

Keep the kids off the couch this summer and let them participate in activities that will stimulate their minds and bodies.

With so many different classes available through SKIESUnlimited, there is a class for everyone.

For more information on SKIES Unlimited classes, please visit www.fortjacksonmwr.com/skies.

Editor's note: Ruth Russell has served as Fort Jackson's School Liaison Officer for three years. She will be leaving Fort Jackson this month for a Regional School Liaison position with the Navy in Japan. She would like to thank, " ... all the wonderful folks at Fort Jackson who have tirelessly supported our children and the schools."

Schoolhouse notes	
Fort Jackson Schools	
☐ Monday-April 10 — Spring Break	
☐ April 14 — Pierce Terrace parent Advisory Council	1
Meeting 8:15 am	
☐ April 15 — Spring pictures at C.C. Pinckney	
☐ April 16 — Dinner & Music Family Night-free con	-
cert 6:30 pm at C.C. Pinckney Theater	
☐ April 20-24 — Book Fair Pierce Terrace	
☐ April 23 — School Board Meeting 1600 Pierce Ter-	-
race Elementary. Parents welcome.	
Richland District ONE	
☐ Today — parent teacher conferences	
☐ Monday — April 12 Spring Break	
☐ April 13 — snow make-up day — school is in sessi	on
☐ April 14 — School Board meeting 1900 at the Distr	ric
Office. Parents welcome.	
☐ April 17 — Stevenson Music Scholarship application	ons
due. For information: Karen York 231-7504 or go to	
www.richlandone.org	
☐ April 21-23 — High School Assessment Program to	est
ing	
☐ April 15 — Transfer Option program begins — Ric	
land One allows for enrollment within the district for school	
other than your zoned school for reasons such as child care	
program request, or other extenuating circumstances. Appli	
tions for this are made beginning April 15 for the following year but can also be made during the year if a severe hardsh	
is involved. Applications are available online and through the	-
Student Registrar. www.richlandone.org/departments/stu-	пС
dent_registrar/forms_200809.htm	
Contact Pat Gilyard at 231-6944 with questions.	
Condict I at Onyard at 251 0744 with questions.	

Dichland District TWO

NICI	nanu District I WO
	Monday-April 10 — Spring Break
	April 13 — snow make-up day — school is in session
	April 14 — School Board meeting 1900 Dent Mill
Middle	School. Parents are welcome.
	April 21-23 — High School Assessment Program testing
	April 23-28 — Middle/high interim reports issued

Fort Jackson Homeschoolers

☐ A get-together for home-schooled students is planned for Tuesdays. For more information, call 419-0760.

Operation Graduation

☐ Partnerships in Education is offering live webcasts of high school graduation for deployed family members of graduates. Contact the SLO at 751-6150 as soon as possible.

High School Stability

☐ Senior Stabilization Policy — Soldiers can request to
remain in current duty location until child has graduated hig
school.

☐ Requests are made March of sophomore year — Sept.
1 of the child's junior year. Late applications may be accepted
However, once the Soldier has orders no applications can be
made Soldiers can submit a DD Form 4187 through the chain
of command. Call 703-325-4422/5191 or contact the SLO for
information, call 751-6150.

	The Adopt-A-School program is in need of units in-
terested	in participating by volunteering in our local on and
off post	schools. Adopt-A-School is an authorized program in
accorda	nce with Army Regulation 360-6, Army Community
Relation	s. For information call 751-6150.

Soldier a father figure for 11 siblings

By CRYSTAL LEWIS BROWN Leader Staff

When Pvt. Bronze Pele left home for Basic Combat Training, he had 11 brothers and sisters.

When he graduates tomorrow, he will have approximately 60 more.

Pele, who stands over 6 feet, strikes an imposing figure. As he stood in front of his platoon earlier this week, a determined look on his face gave the intimidating Soldier the aura of a leader.

But for the soft-spoken Soldier with Company B, 1st Battalion, 34th Infantry Regiment, being chosen as a leader is nothing new for him.

"Ever since we were young, I was like the strong person," Pele said, referring to his four sisters, three brothers and four adopted siblings.

When tragedy struck, that strength helped Pele shoulder the task of becoming a father figure to his siblings.

"Both my parents passed away, and I was the one taking care of my brothers and sisters," he said.

Pele's mother died of cancer in 1999, and in 2005, his father also succumbed to the disease.

For the 29-year-old American Samoa native — who is now married with a daughter — stepping into the role was easy.

"To me, it wasn't really a big thing," he said. "I already knew what to do."



Photo by CRYSTAL LEWIS BROWN

Pvt. Bronze Pele stands in front of his platoon as the Soldiers prepare to turn in equipment and get ready for tomorrow's graduation. Pele, who was a father figure for his siblings after their parents died, used that experience as bay boss and platoon leader during Basic Combat Training.

His battle buddy, Pvt. Darrian Pack, said although Pele's role is expected in his culture, his family leadership has helped him as Soldier.

"What he's going through, for the most part, is his way of life," said Pack. "He made the trip over here, he's doing what he's got to do. He's been in charge of our bay, he's been in charge of our platoon."

The discipline Pele learned as a child

made joining the Army a natural fit. For many years, he lived with a priest who had taken him under his wing. And though joining the priesthood seemed to be in his future, his life took a different path.

"I got 'called' by God to be a father and to look after my sisters and brothers," he said.

Joining the Army provided him an op-

portunity to provide for his family, as well as to complete his education. Pele was pursuing a degree in civil engineering in New Zealand when his father died.

"I didn't get a degree in civil engineering, so I really want to reach my goal," he said

Though short on words — he is most comfortable speaking his native tongue — he is big on action.

"I'm the kind of person who works hard," he said. Being a man of action makes him a better leader.

"I make sure I'm doing the job because they won't work unless they see me work," he said, referring to the other Soldiers in his bay.

Although it is obvious Pele is hesitant to talk about himself, his words flow freely when he can answer a question in Samoan.

"O A'u o Bronze Pele out e sau mai le motu o Tutuila Amerika Samoa. O loo lai nei I Fort Jackson e tautua I le ami fee leoleo malosi o le lalalagi, o le ami a Amerika."

Roughly translated, it means, "My name is Bronze Pele, and I am from the island of American Samoa. And the reason I am at Fort Jackson is to serve the strongest Army in the world, which is the Army of the United States."

No matter how he says it, it is clear that not only will Pele serve in this Army, he will lead in it.

Crystal. Y.Brown @us.army.mil

Chaplain to perform in Easter play

By CHAPLAIN (LT. COL.) BART PHYSIOC 193rd Infantry Brigade

Have you ever wondered what it would be like to step into the shoes and take on the life of someone really famous? How might such an experience affect what you believe or how you behave?

On Good Friday, 1996, I "became" Simon Peter for the first time and have never been the same since. My interest, however, was not as much in the character of Peter, as in the star of the show.

Jesus of Nazareth is the most inspirational and most controversial person who has ever lived. Many people say he was a good man and a great teacher. Others say that Jesus was a prophet who spoke the words of God. Still others believe he was God incarnate. Who was he? Who is he?

The New Testament accounts of the life of Christ by Matthew, Mark, Luke and John are the primary sources that reveal the truth about Jesus. What you will hear in this dramatic presentation was scripted directly from the Gospels. It is a harmony of separate accounts written by four authors, an original story of the most important time in the life of Christ.

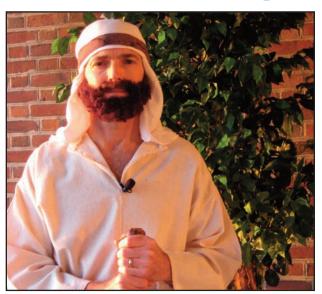
This is "The Passion of Jesus." In Act 1, presented on Good Friday, you will experience the sufferings of Christ from the Last Supper to the Crucifixion. In Act 2, presented on Easter, you witness his Resurrection up close and personal.

Jesus had 12 apostles, three are mentioned more often than all the others; they were fishermen: Simon Peter, James and John. Of these men, one is more intimately involved in the life and ministry of Christ; his name is Simon Peter.

The story this man has to tell is powerful and personal; it may even change your life. All are invited to attend; there is no charge — the price has already been paid.

Act 1: The Crucifixion, is scheduled for Good Friday, April 10th, 7-8 p.m. at the MG Robert B. Solomon Center

Act 2: The Resurrection, is scheduled for Easter, April 12, 8-9 a.m. at the MG Robert B. Solomon Center.



Courtesy photo

Chaplain (Lt. Col.) Bart Physioc will portray Simon Peter in two performances next week.

Lent season stresses Christ's earthly deeds

By CHAPLAIN (CAPT.) STEVEN MICKEL

1st Battalion, 13th Infantry Regiment

The Lent season is a very special time of year for

This year Lent began Feb. 25 and ends April 11. It is the time that focuses on the second part of the ministry of Jesus Christ.

The first part focused on his role as miracle worker, healer and teacher, which began with Jesus' baptism, after which he became fully engaged in his earthly min-

The second part began with his transfiguration, when God revealed the true nature of Christ to three disciples: Peter, James and John, Jesus then set out toward Jerusalem, a solemn journey that ended at the

The Lord knew that going to Jerusalem would cost him his life; he even told the 12 apostles earlier that this would happen.

They, especially Peter, did not want to hear about it. Jesus knew that his sacrifice was bigger than any pain he would suffer; it was the price necessary to atone for sin and make reconciliation with God possible.

Traditionally, people give up something for Lent to remind them of what the Lord did for them. I usually give up reading materials other than the Bible, related devotionals and work-related requirements. I'm going to continue this until Easter.

I suggest that you consider doing something similar. An example might be giving up partying with your friends in order to spend more time with your family.

However, the focus is not so much on what you give up, but what you gain in its place, which is a closer relationship with God. This is in keeping with the traditional purpose of Lent.

It prepares Christians for the commemoration during Holy Week of the Death and Resurrection of Jesus through prayer, penitence, giving and self-denial.

During Lent it is most important to remember the price Jesus paid for sin through his suffering and death.

As you look forward to the celebration of Easter and his victory over death, consider giving your life in a fresh way to the one who gave his live for you.

Jesus gives a peace that money can't buy. He came and gave it all up for us so that we can receive so much more. Now that is something to be thankful for.

Happy Easter.

Chapel notes

☐ The Passover Seder Meal is Wednesday, from 7:30-10:30 p.m. at the Officers' Club. A designated shuttle bus will pick up Soldiers at their battalion areas. The attire for Soldiers is duty uniform.



For information, call Chaplain (Col.) Haynes at 751-3121 or e-mail Henry. A. Haynes @conus.army.mil.

☐ Chaplain (Lt. Col.) Bart Physioc will present "The Passion of Jesus" in two parts. Part one is scheduled for April 10, 7-8 p.m. and part two is set for April 12, 8-9 a.m. Both presentation will take place at the MG Robert B. Solomon Center. The event is free and open to the community.

For more information, call 751-4542 or e-mail Bart. Physioc@conus.army.mil.

☐ Daniel Circle Chapel Collective Protestant Gospel Service will conduct a Good Friday Service April 10, 7 p.m. at Daniel Circle Chapel.

For more information, call 751-4478 or e-mail Harry.Reed@conus.army.mil.



Protestant

■ Sunday

8 a.m. and 11 a.m. Daniel Circle Chapel (Gospel) 7:45 a.m. Bayonet Chapel (Hispanic)

9 a.m. and 10:30 a.m. Magruder Chapel 9:30 a.m. Main Post Chapel

10:45 a.m. Post-wide Sunday School (Main Post Chapel)

11 a.m. Memorial Chapel

11 a.m. Chapel Next, USACHCS, Fox/Poling Lab.

■ Wednesday

6 p.m., Prayer Service Daniel Circle Chapel 7 p.m. Gospel Mid-week Service Daniel Circle

PROTESTANT BIBLE STUDY

7 p.m. Women's Bible Study (PWOC — Main Post Chapel, Class 209)

■ Wednesday

7 p.m. Anderson Street Chapel 7 p.m. Daniel Circle Chapel

7 p.m. Gospel Congregation's Youth (Daniel Circle Chapel)

■ Thursday

9:30 a.m.-noon Women's Bible Study (PWOC, Main Post Chapel) 6 p.m. Neighborhood CMF/OCF Bible Study

(Call 790-4699)

7 p.m. LDS Bible Study (Anderson Chapel)

■ Saturday

8 a.m. Men's Prayer Breakfast (Main Post Chapel, (every second Saturday of the month in Chapel Fellowship Hall)

PROTESTANT YOUTH OF THE CHAPEL

11 a.m. Daniel Circle Chapel (third Saturday)

5 p.m. Main Post Chapel

■ Monday-Friday

11:30 a.m. Mass (Main Post Chapel)

■ Sunday

8 a.m. Mass (MG Robert B. Solomon Center) 11 a.m. Mass (Main Post Chapel) 9:30 a.m. Mass (120th AG Battalion Chapel)

9:30 a.m. CCD (Education Center) 9:30 a.m. Adult Sunday School 12:30 a.m. Catholic Youth Ministry

■ Wednesday 7 p.m. Rosary 7:30 p.m. RCIA/Adult Inquiry

Lutheran/Episcopalian

■ Sunday

8 a.m. Memorial Chapel

■ Sunday

8-10 a.m. Islamic Studies (Main Post Chapel)

■ Friday

12:30-1:45 p.m. Jumah Services (Main Post Chapel)

Jewish

■ Sunday

9:30-10:30 a.m. Memorial Chapel 10:30-11:30 a.m. Jewish Book Study (Post Conference Room)

Church of Christ

11:30 a.m. Anderson Street Chapel

Latter Day Saints

9:30 a.m. Anderson Street Chapel

Addresses, phone numbers

Daniel Circle Chapel

3359 Daniel Circle, Corner of Jackson Boule-

vard. 751-4478

Main Post Chapel

4580 Strom Thurmond Blvd., corner of Scales

Avenue, 751-6469

Bayonet Chapel

9476 Kemper St., 751-4542

Family Life Chaplain

4850 Strom Thurmond Blvd. (inside of Main

Post Chapel), 751-5780

Anderson Street Chapel

2335 Anderson St., Corner of Jackson Boulevard. 751-7032

Education Center

4581 Scales Ave.

Magruder Chapel

4360 Magruder Ave., 751-3883

120th Rec. Bn. Chapel

1895 Washington St., 751-5086 Memorial Chapel

4470 Jackson Blvd., 751-7324 Chaplain School

10100 Lee Road, 751-8050

DENTAC staff held to high standards

ften times Soldier/patients new to the Army wonder about the professional credentials of the doctors and staff who care for them in our treatment facilities.

Occasionally this lack of knowledge can lead to worries or mistrust and compromises the 'therapeutic alliance' or professional bond between doctor and patient. As your Army "hometown" dentist we do not want that to happen.

You can have confidence in both us and the worldwide Army dental care system.

Let's look at the 130 Dental Activity employees currently serving you at Fort Jackson. The United States Army Dental Command is a subordinate command of the Army Medical Command and The Army Surgeon General.

The guidelines on who can work in our clinics are strictly dictated by the Department of Defense. The Army is committed to quality healthcare and the full professional dental team is part of that commitment. Your dentist is a graduate of a dental school accredited by the American Dental Association (DDS or DMD).

Before attending dental school, the doctors obtain at least a bachelor's degree at a major college or university and obtain very competitive grades in all pre-medical, or pre-dental or pre-vet college courses these schools require.

Your dentist has passed a state board exam and has at least one current state license to practice general dentistry. COL.
MICHAEL CUENIN
Fort Jackson
DENTAC commander



Additionally, the majority of our dentists have attained at least one post-doctoral certificate in a General Practice Residency, a specialty residency or both.

National Board certification in a chosen specialty is encouraged and this is expected in order to be competitive for promotion to the rank of lieutenant colonel or colonel in today's Army Dental Corps.

Professional credentialing and continuing education ensure that our providers are up to date on both the latest diagnostic and treatment techniques. Both the local DENTAC and the Dental Command place high value on continuing education and board certification.

In addition to our dentists, we employ a wide range of auxiliaries. Our staff includes registered dental hygienists who have attended a credentialed hygiene program and have taken a state exam to obtain their licenses. They provide care that is prescribed by a doctor in the treatment of disease. Our team also includes capable dental assistants; these are the chair side dentists' aides you meet at every visit. They facilitate the dentist in the diagnosis and subsequent treatment of a wide variety of oral health conditions.

Dental assistants can be expanded functions, which means they have received additional training in this skill. Continuing education is stressed with all our auxiliary personnel and provided to them in a variety of ways.

You may rest assured that our staff is current and well trained when providing your dental health care.

Rounding out the team are a capable administrative staff, including our medical records technicians, receptionists, human resource and logistics management personnel who support the dental clinic and the headquarters.

The clinic staff who serves you are as well or better qualified than the family dental practice you used in your home town

The team of officers, NCO's, Soldiers and civilians serving in your DENTAC is committed to the mission and ensuring that your Fort Jackson 'home town' dentist is here for you. Be sure to ask us if you have any questions or concerns regarding your personalized dental health care.

Alcohol awareness in April's spotlight

From ARMY SUBSTANCE ABUSE PROGRAM

During Alcohol-Free Weekend, ASAP extends an open invitation to the Fort Jackson Community to engage in three alcohol-free days.

Alcohol Awareness month is an effort to educate the public about the problem of underage drinking and its consequences and to inform communities about ways they can help prevent underage alcohol use.

This year's Alcohol Awareness Month theme is Saving Lives: Prevent and Reduce Underage Drinking. This theme goes to the heart of the problem of underage drinking. Youth alcohol use is a problem for our society.

To address this problem, it is critical to get a broad societal commitment to change societal norms about underage drinking as well as laws and policies that can help enforce sales and marketing to youth.

Alcoholism is the number-one drug problem in America and has likely already touched every one of our lives in some way. Alcohol abuse causes over 100,000 deaths each year. Long-term heavy drinking damages the liver, nervous system, heart and brain, causes high blood pressure, stomach problems, medication interactions, sexual problems, osteoporosis and cancer.

The statistics paint an alarming picture of underage drinking; underage drinking is a leading contributor to death from injuries, which are the main cause of death for people under age 21. Annually, about 5,000 people under age 21 die from alcohol-related injuries involving underage drinking. Underage drinking plays a significant role in risky sexual behavior, including unwanted, unintended, and unprotected sexual activity and sex with multiple partners. Underage drinking is a risk factor for heavy drinking later in life, and continued heavy use of alcohol leads to increased risk across the lifespan for acute consequences and for medical problems such as cancers of the oral cavity, larynx, pharynx, and esophagus; liver cirrhosis; pancreatitis; and hemorrhagic stroke. The economic cost of underage drinking is estimated to be nearly \$62 billion.

Alcohol Awareness Month has made great strides in educating Americans about alcohol and health, particularly underage drinking.

An integral part of Alcohol Awareness Month has been Alcohol Free Weekend, which takes place on this weekend. Alcohol-Free Weekend is designed to raise public awareness about the use of alcohol and how it may be affecting individuals, families, and businesses.

Editor's Note: The sources for this article were the National Council on Alcoholism and Drug Dependence. For more information on the National Council on Alcoholism and Drug Dependence visit the website www.ncadd.org.

If you have any questions about substance abuse, call 751-5007.

ASAP calendar

Alcohol and Drug Abuse Prevention and Training Program (ADAPT): A two-day class for anyone interested in learning more about alcohol and drug abuse, is April 13 and 14, from 7:30 a.m. to 4:30 p.m. It is also for those who have had an alcohol- or drug-related incident, who the commander feels could benefit from re-education.

Unit Prevention Leader (UPL): Required training for newly assigned unit prevention leaders is April 22-24, from 7:30 a.m. to 4:30 p.m. The class includes training on drugs and alcohol, biochemical testing and substance abuse prevention. Seating is limited, so get the request forms in early. The uniform will be duty uniform. Reminder: Please do not schedule appointments during class time.

All classes are held in the ASAP classroom, Bldg 3250, Sumter Avenue.

DHR happenings

☐ The **Basic Skill Education Program** will help Soldiers improve their GT scores. A new schedule of courses is available through June. Contact an Army Education counselor for appropriate counseling and pretesting before enrollment. Class size is limited to 15 and fills very quickly. An enrollment application completed by the Soldier and signed by the commander or first sergeant is required to hold space for the class.

The next classes will be held April 13-30.

☐ An on-post **National Testing Center** is located at the Edcuation Center, Building 460. The center will enable military personnel and DoD Civilians enrolled at colleges and universities throughout the country to take computerized exams and instantly learn their results for most tests.

This NTC was made possible through a partnership between Midlands Technical College and ACES, Fort Jackson.

The Defense Activitiy for Non-Traditional Education Support tests are free to active duty personnel. However, military family members and civilians must pay a fee.

For more detailed information regarding the testing schedules, please contact the Education Center at 751-5341.

Motorcycle rally promotes safety

By MIKE A. GLASCH

Leader Staff

On the morning of Nov. 16, 2008, Staff Sgt. Rodney Spears had a bright Army career ahead of him. He had already earned the Expert Infantry Badge, been to sniper school, served as a drill sergeant and was a member of the cadre at the Drill Sergeant School

In a split second that Sunday morning his life changed forever.

A motorcycle accident has left him using crutches to get around and blind in his right eye. Half of his body is being held together by titanium screws. He is now assigned to the Warrior Transition Unit as he rehabilitates and awaits a medical discharge.

Yet, Spears considers himself lucky. "I've been given a second chance at life," he said.

Spears does not remember the accident, but he was able to recount it during Tuesday's Victory Thunder Motorcycle Rally, thanks to the eyewitness report of a buddy who was riding right behind him when it happened.

"From the church parking lot to the intersection was about a fifth of a mile. As I approached the stop sign I got on the brakes," Spears said. "There was some gravel close to the intersection and when I applied the front bake, I guess didn't slow down soon enough. When I hit that gravel the front end of my bike came out from under me putting the bike on its right side and I slid right through the stop sign.

"Right as I was sliding into the intersection a BMW going about 50 mph hit me from the left. The bike was knocked clear; unfortunately I was stuck underneath the car. The car dragged me about 150 feet."

Spears' injuries included a fractured skull, his pelvis snapped in half, four broken ribs and his left hip socket completely destroyed.

"I probably would have been scarred for life (psychologically) if I could have seen myself," he admitted.

Spears came to close to becoming part of what has been an alarming trend in the Army, more Soldiers dying due to motorcycle accidents.

According to the U.S. Army Combat Readiness Center, since 1997, motorcycle deaths rose each year from six in 1997 to 51 in 2008 for a 733 percent comparative increase in motorcycle fatalities. For Fiscal Year 2009, 10 Soldiers have been killed in motorcycle accidents compared to 20 for the same time frame during FY 2008.

While motorcycle deaths Army-wide are on pace to see a decrease, the Army's top safety NCO is cautious.

"In the third and fourth quarters of the fiscal year is when we see a lot more accidents and deaths simply because more bikers are on the road with the warmer weather," said Command Sgt. Maj. Tod



Photos by MIKE A. GLASCH

125 motorcyclists roll out of the parking lot of the MG Robert B. Solomn Center Tuesday for a 17-mile ride around post. The ride was the culminating event of the annual Victory Thunder Motorcycle Rally to promote motorcycle safety.

Glidewell, U.S. Army Combat Readiness/Safety Center. "That's why education is a concentrated effort from the Secretary of the Army on down. Rallies like this bring cyclists together. It gives lower experienced riders a chance to meet and team up with a more experienced rider who can mentor them."

It's been three years since a Fort Jackson Soldier has been involved in a motorcycle fatality. Fort Jackson Safety Director Sean O'Brian credits the post leadership for helping keep Fort Jackson Soldiers from becoming one of those statistics.

"We have engaged leaders at all levels stressing operator responsibility," he said.

Events like the rally help get the message that operator responsibility includes knowing how automobile drivers think.

"Motorcycle accidents are very seldom from a single cause, but rather from a chain of events, many of which are preventable," O'Brian said. "We normally see the same causal factors over and over: speed, fatigue, overconfidence, loss of control, and adding to the severity of injury, a failure to wear a DOT approved helmet."

Rick Williams, lead instructor for Fort Jackson's Army Traffic Safety Training Program, wants to remind all motorcyclists not to get complacent and fall into bad habits.

"We have to be very aware of our sur-

roundings, our skills as a rider become more critical. Automobile drivers don't have the perception of what a motorcycle is and its size or capabilities," he said. "When it comes to vehicle to vehicle accidents the most dangerous place for motorcycles is intersections. Cars pull out in front of motorcycles because when the car driver looks and sees a truck coming he can judge how far away the truck is and how fast it is going based on size, and how he will get larger as he closes on the intersection.

"This is not true with a motorcycle. As drivers look left and right, if they see a motorcycle, it looks small so they think it is farther away than it really is and they pull out not knowing how fast the motorcycle is closing on them because he does not appear to get much larger."

Everyone involved with the rally stressed over and over the importance of safety gear when riding. Spears is thankful it is a message he took to heart that November morning.

"I was wearing a helmet, but I still managed somehow to crack my skull," he said. "It scares me to think what if I hadn't had the helmet on. The gear saved my life."

For information on motorcycle regulations and classes call the Installation Safety Office staff at 751-6004.

Michael.A.Glasch@us.army.mil



Staff Sgt. Rodney Spears speaks to the riders. Spears was involved in a motorcyle accident that nearly took his life. His injuries were so severe that he told the audience, "I would have been scarred for life if i could have seen myself."

Maneuvering the APEDS process

Soldiers have several legal options when faced with medical evaluations

By CAPT. JENIFFER COX Legal Assistance Attorney

It is an unfortunate reality that Soldiers get sick and injured while on active duty. Most illnesses and injuries resolve themselves through medical care, physical therapy and medication.

However, some Soldiers end up with injuries and illnesses that make it difficult to continue the performance of their military duties. In these situations, Soldiers may end up being involved with the Army physical disability evaluation system. This system consists of several parts. The two most common parts of the APDES are the medical evaluation board and the physical evaluation board.

Medical Evaluation Board

An MEB is triggered when a Soldier receives a "Permanent 3" notation in his or her PULHES score. The PULHES score is an overview of the Soldier's overall physical condition (P); upper body (U); lower body (L); hearing (H); eyesight (E); and psychiatric condition (S). This is often referred to as the "P3" profile.

After receiving a P3 profile, the Soldier will undergo a thorough physical examination. It is crucial for the Soldier to let the examining doctor know about all existing medical conditions at that time. The doctor will then draft a narrative summary that explains the Soldier's conditions in more detail. The examining doctor is part of a three-person MEB that will perform a paper review of the Soldier's medical records and the narrative summary, or NARSUM.

After reviewing all of the documents, the MEB will determine whether each condition is medically acceptable or unacceptable according to army regulations. The MEB's conclusions are recorded on DA Form 3947.

The Soldier will be contacted by the physical evaluation board liaison officer to review DA Form 3947. The Soldier has only three days to review and sign the form. He or she has the opportunity to submit rebuttal evidence if all of the conditions are not included or if the information included is inaccurate.

Soldiers are entitled to speak to an attorney about their DA Form 3947 and NARSUM. Soldiers should contact the Legal Assistance Office immediately upon receipt of the document and should take the DA Form 3947, NARSUM and any other paperwork pertaining to their medical conditions with them for their appointment.

The MEB process may take several months. If the MEB determines that even one condition is medically unacceptable, meaning that it falls below Army retention standards, then the case will be forwarded to the physical evaluation board. There are three PEBs: Fort Sam Houston, Texas; Walter Reed Army Medical Center, Washington, D.C.; and Fort Lewis, Wash. Fort Jackson is in the region covered by the Walter Reed Army Medical Center PEB.

Physical Evaluation Board

The PEB is an administrative board that seeks to determine if the unacceptable conditions listed on DA Form 3947 make the Soldier unfit for continued military service; and, if so, whether the Soldier will receive disability pay from the Army for those conditions.

The PEB receives a packet from the MEB containing the Soldier's DA Form 3947 (including any rebuttal from the Soldier), NARSUM, physical profile, recent noncommissioned officer evaluation report or officer evaluation report, and a commander's statement.

The PEB evaluation is performance based, and examines whether the Soldier can perform the military occupational specialty duties of his or her grade and position. The PEB informally reviews the documents listed above, records the decision about each condition on DA Form 199, and then forwards the DA Form 199 to the Soldier, through the PEBLO, for review.

At that time, the Soldier again has the right to discuss his or her case with an attorney. The Soldier has 10 days to respond to the findings of the PEB. The Soldier can agree with the findings of the PEB; disagree with the findings of the PEB and submit additional evidence; or disagree with the findings of the PEB and request a formal hearing.

Formal Hearings

If the Soldier chooses to request a formal hearing, then he or she can also request the representation of counsel at that hearing. Soldiers will be assigned an attorney from the Office of Soldiers Counsel at Walter Reed for the formal hearing. Before the hearing, Soldiers can receive assistance from the Fort Jackson Legal Assistance Office.

At the formal hearing, the Soldier will appear in person and testify, can present additional evidence and can have other witnesses testify on his or her behalf. The PEB process is very quick; an informal decision may be issued within days of the packet reaching the PEB. A formal hearing, if requested, is normally scheduled within a month of the request.

Deciding which path to take

The time for Soldiers to start working on their cases is now. First, Soldiers must identify their goals: Either to be found fit and return to duty; or to appropriate rating for their conditions to maximize military benefits. These are both legitimate goals. It is

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important to maintain an open flow of communication throughout the MEB/PEB process.

Second, a Soldier should start developing evidence for his or her case. Again, the PEB looks for evidence of current duty performance. Soldiers should review their most recent physical profile to ensure that it contains accurate and up-to-date information about their conditions. If the physical profile is not accurate, the Soldier should discuss it with his or her physician.

Documenting medical history

Soldiers should maintain records of any significant accomplishments or limitations. Soldiers should communicate their goals to the chain of command and doctors. Soldiers need to communicate with their doctors and fully understand their conditions. Often, commanders draft their statements without knowing the Soldier's goal and may assume the Soldier wants one thing, whereas the Soldier's goal is the exact opposite. Communication will resolve this conflict.

Soldiers should ensure their medication profile accurately reflects all the medication prescribed and dispensed by the Army. If any medication was dispensed by a civilian pharmacy, the Soldier should gather those records.

Soldiers should review and update their service record and make sure that the enlisted record brief or officer record brief is accurate and complete.

Soldiers should document all symptoms of their conditions. For example, a Soldier suffering from migraine headaches should keep a log of the frequency, duration and intensity of the headaches, and should have the supervisor sign off on the log any time the Soldier had to leave work because of the headaches.

Soldiers who want to return to duty, should discuss taking an Army Physical Fitness Test with their chain of command. Soldiers should also attempt to gather supporting statements from supervisors, coworkers, family members and others who witness the effects of the Soldier's conditions.

Soldiers can discuss their MEB/PEB cases with legal assistance attorneys and can do many things to make their case go smoothly. The sooner the Soldier recognizes these facts, the smoother the case will go.

This article is intended for information purposes only and is not intended as legal advice. The Legal Assistance Office has appointments available for Soldiers to discuss MEB/PEB cases. Service members wishing to make an appointment should call 751-4287.

Soldiers who just received a DA Form 3947 should make sure to mention that when making the appointment.

PCS moves give Soldiers choices

By CAPT. VITO ABRUZZINO Legal Assistance Attorney

With PCS season fast approaching, there are several matters with legal consequences to consider. Are you going to lease a house or apartment at your next duty station?

This is one of many questions a Soldier might ask when preparing for a new duty station. There are several options available to those who find themselves on orders to an unfamiliar area.

Military termination clause for leases

Before signing a lease at your next duty station, check the lease for a military "termination" clause suitable for your military community in case you need to end the lease before the full term. Among other things to review:

Does it anticipate PCS situations? Does it incorporate any state law provision? How do military community members find out about it? Is it part of the welcome packet?

Check with the local housing or legal assistance office before signing a lease and have a trained professional review the lease to make sure you are covered.

Homebuvers' information sites

Those who are considering buying a home at a new duty station should visit http://home-repeater.org/

buying.about.com/realestate/homebuying/li-brary/blbuykit.htm — About's online Home Buying Kit links collective has resources for someone considering buying a home. There are also links to calculators to help decide how much you can afford.

Another good site is http://kiplinger.com/tools/housing.html, for those wondering how much he or she may, can or should spend on a house. Kiplinger offers help — before you can know how big a mortgage payment you can afford, you need to tally up your other monthly expenses. The first part of this calculator will help you do just that. Part Two will help you estimate future costs, or savings, associated with the home you are considering.

The Web site of HSH Associates, the largest publisher of consumer loan information, also has two good calculators: Qualify for a loan based on your income, http://www.hsh.com/calc-incomequal.html, will tell you how much a lender might let you borrow. You can also try its "how much house can you afford" calculator at http://www.hsh.com/calc-howmuch.html.

- ☐ Tax planning & moving expenses: You can deduct the reasonable unreimbursed expenses incurred for:
 - ☐ Moving household goods and per-

sonal effects, including expenses for hauling a trailer, packing, crating, in-transit storage, and insurance, and;

☐ Travel and lodging expenses from the old home to the new home, including automobile expenses and airfare.

No deductions are available for any expenses for meals, the cost of unnecessary side trips, or lavish and extravagant lodging. Only unreimbursed expenses incurred in actually moving from the former home to the new assignment are deductible. The expense of pre-move house-hunting trips are not deductible, nor is there a deduction for any expenses for moving services provided by the government, or that were reimbursed and not included in income. For more information, visit the IRS Web site at www.irs.gov.

Driver licensing, vehicle registration

Check the Department of Motor Vehicles in the state you are moving to to find out what you need to do regarding vehicle registration and drivers licenses.

Some states will allow you to keep renewing your vehicle registration while away from the state on military orders while others will require you to register your vehicle in the state you live. Some states have property tax on vehicles and some will waive the taxes if you are in the state on military orders.

☐ Spouse unemployment benefits: Check "Unemployment Compensation: A State-by-State Guide to the Laws as they Affect Military Spouses' Eligibility for Benefits Upon PCS-Related Job Loss" from Military Spouses' Career Network at http://www.mscn.org.

Auto lease: More and more people are leasing cars. There are several Internet resources that help decide if this is a good idea. Military personnel who lease a car should consider whether they will deploy or PCS during the lease period and plan for that contingency. Check the lease terms to see what happens if you move out of state or out of the country.

Consider these items as you plan your move either to or away from Fort Jackson. If you have any questions about a contract and/or lease agreement, have it reviewed by a legal assistance attorney before you sign. If you are moving away from Fort Jackson contact the Legal Assistance office where you will be stationed for state and post specific information.

To set up an appointment with an attorney, call the Legal Assistance office at 751-4287.

IG office defines sexual assault, gauges program effectiveness

By SGT. 1ST CLASS FELIPE PINERO Assistant Inspector General

Sexual assault is defined as intentional sexual contact, characterized by use of force, physical threat or abuse of authority or when the victim does not or cannot consent. Sexual assault includes rape, nonconsensual sodomy (oral or anal sex), indecent assault (unwanted, inappropriate sexual contact or fondling), or attempts to commit these acts. Sexual assault can occur without regard to gender or spousal relationship or age of victim.

"Consent" shall not be deemed or construed to mean the failure by the victim to offer physical resistance. Consent is not given when a person uses force, threat of force, coercion or when the victim is asleep, incapacitated or unconscious.

During April, the Inspector General's Office will be conducting a Sexual Assault Prevention and Response Assessment throughout the United States Army Basic Combat Training Center of Excellence. The IG will focus its assessment on USABCTCoE's compliance with existing Department of Defense and Army policies relating to the Army's Sexual Assault Prevention and Response Program.

The IG will also assess the effectiveness of the Army programs and procedures in preventing, reporting, and responding to sexual assault at the unit and installation level. In accordance with AR 600-20, The Army Command Policy, the Inspector General will periodically inspect sexual assault prevention, response, and reporting procedures as directed by the directing authority.

The Inspector General will also identify noncompliance, analyze significant indicators of deficiencies, identify responsibility for corrective action, and report all findings to

the directing authority. Allegations of serious criminal misconduct such as murder, rape, grand theft, and assault are normally outside the purview of the IG and are not appropriate for an IG. When this occurs and the Inspector General is notified, a case will be opened and referred to the proper agency, i.e. Criminal Investigation Division.

The Sexual Assault Prevention and Response Program reinforces the Army's commitment to eliminate incidents of sexual assault through a comprehensive policy that centers on awareness and prevention, training and education, victim advocacy, response, reporting, and accountability. Army policy promotes sensitive care and confidential reporting for victims of sexual assault and accountability for those who commit these crimes.

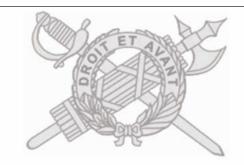
The program's goal is to create a climate that minimizes sexual assault incidents, which affect Army personnel, Army civilians, and family members, and, if an incident should occur, ensure that victims and subjects are treated according to Army policy.

It creates a climate that encourages victims to report incidents of sexual assault without fear and establishes sexual assault prevention training and awareness programs to educate Soldiers.

The Sexual Assault Prevention and Response Program ensures sensitive and comprehensive treatment to restore victims' health and well-being. The program ensures leaders understand their roles and responsibilities regarding response to sexual assault victims, thoroughly investigate allegations of sexual assault, and take appropriate administrative and disciplinary action.

For more information, contact the Fort Jackson Sexual Assault Response Coordinator, located at 5450 Strom Thurmond Blvd., Room 218, or call 751-6316.

IG case resolution



The Inspector General's office works to enhance mission accomplishment of Fort Jackson's units and organizations by identifying and recommending solutions to performance inhibitors and resolving requests for assistance from Soldiers, family members, retirees and civilians of the Fort Jackson community.

The following is actual information gathered from requests for assistance and IG observations.

Informal Funds

The IG office received a question regarding the appropriateness of an office establishing and maintaining a snack bar as a means to raise money. Units and offices cannot operate snack bars because these types of resale compete with AAFES and FMWR activities.

For more information review Army Regulation 215-1, Military Morale, Welfare, and Recreation Programs and Nonappropriated Fund Instrumentalities, dated July 31, 2007, Chapter 12. Informal Funds and Private Organizations may not be operated as monetary or commercial enterprises.

For additional information on informal funds see AR 600-20, Army Command Policy, dated March 18, 2008, paragraph 4-21, and AR 600-29, Fund-Raising within the Department of the Army, dated June 1, 2001 or contact your ethics counselor at 751-6525.

ICE program uses three-tier approach

Customer Management Services uses a three-tier approach to customer feedback in order to provide the "voice of the customer" to Fort Jackson leadership.

First, there is the Interactive Customer Evaluation system. ICE provides individual feedback to the service provider managers of garrison agencies and other supporting organizations such as Moncrief Army Community Hospital, Dental Activity, AAFES, the commissary and post schools.

A community member can rate these agencies in terms of appearance, employee/staff attitude, hours of service and timeliness. Positive comments as well as suggestions for improvement are both encouraged. ICE is available online and in hard copy using the yellow or white comment cards located throughout the installation.

The second process used by CMS is Community FIRST, which provides constituent group feedback. This quarterly issue resolution process is an avenue for community members to submit issues that are beyond the capability of ICE—usually because there is a need for additional funding, resources or legislative action. Community FIRST complements the annual Army Family Action Plan process by focusing on installation-level concerns.

To be considered for Community FIRST/AFAP, the issue must affect a constituent group (Soldiers, family members, retirees, or civilian employees), not an individual. Community FIRST/AFAP issue forms are also avail-

CUSTOMER SERVICE CORNER

By VERONICA JACKSON-PATRICK Community FIRST Coordinator

able online and hard copy.

The third process is Customer Service Assessments, which focus on corporate and constituent feedback. These surveys, the most recent of which concluded on Nov. 7, 2008, are administered once a year. Corporate assessments allow mission commanders and leaders to rate the support of garrison functions. Constituent assessments allow Soldiers, retirees, veterans, family members and civilian employees to rate these services from a personal perspective.

By focusing on feedback from individuals, constituent groups, and corporate-level leaders, CMS provides the garrison with satisfaction levels for each directorate and organization and gauges levels of support. In turn, this helps to improve customer service and maintain a good quality of life for all who live, work, train and play on Fort Jackson.

CMS is located in the Plans, Analysis and Integration office, Bldg. 3499, Daniel St. For more information on CMS, visit the Web site at http://www.jackson.army.mil/WellBeing/wellbeing.htm, or click the link from the Fort Jackson homepage. On the CMS site, community members may submit an ICE comment, view the status of Community FIRST/AFAP issues, submit a new issue or take the annual Customer Service Assessment. They may also view previous Customer Service Corner articles and special announcements.

ICE Appreciation

The Garrison would like to congratulate Moncrief Army Community Hospital, specifically Pre-Surgical Admissions and Social Work Service. They have achieved a 4.84 and a 4.63 percent rating, respectively, of a possible 5.0 in Employee/Staff Attitude over a 12-week period. This is an outstanding performance in Customer Satisfaction.

April is Issue Submission Month

The first month of each quarter of the fiscal year, community members are asked to submit issues to Customer Management Services (CMS) that impact their constituent group. These issues will become a part of the Community FIRST/AFAP issue resolution process. It is important for CMS to receive a cross-section of submissions from Soldiers, family members, civilian employees, retirees and veterans to ensure that each of these constituent group's voices are heard. Whether it affects them here at Fort Jackson or throughout the Army, feedback is important. Please contact the Community FIRST Coordinator at 751-3425 for an issue form or for more details.

Saluting the current drill sergeants of the cycle



Sgt. 1st Class Roberto FrancoCompany A
2nd Battalion,
13th Infantry Regiment



Staff Sgt.
Leonard Puryear
Company B
2nd Battalion,
13th Infantry Regiment



Sgt. 1st Class
Aaron Bullard
Company C
2nd Battalion,
13th Infantry Regiment



Staff Sgt.
William Moody
Company D
2nd Battalion,
13th Infantry Regiment



Sgt. 1st Class
Peter Houtman
Company E
2nd Battalion,
13th Infantry Regiment



Sgt. 1st Class Christopher LewisCompany F
2nd Battalion,
13th Infantry Regiment



Staff Sgt.
Rachelle Walker
Company A
1st Battalion,
34th Infantry Regiment



Staff Sgt.
Joshua Barnes
Company B
1st Battalion,
34th Infantry Regiment



Staff Sgt.
Benjamin Jones
Company C
1st Battalion,
34th Infantry Regiment



Sgt. 1st Class Ramon Ladriye-LopezCompany D
1st Battalion,
34th Infantry Regiment



Sgt. 1st Class Algrish Williams Company E 1st Battalion, 34th Infantry Regiment



Staff Sgt.
Gerry Washburn
Company F
1st Battalion,
34th Infantry Regiment

April Promotions

<u>Name</u>	<u>Rank</u>	<u>Unit</u>
ROYALTY, Kenneth M.	COL	Co. A, VSB
STOKER, Geoffrey M.	LTC	Student Detachment
CASE, Christopher L.	MAJ	Student Detachment
CRISTENSON, Jason C.	MAJ	Student Detachment
CODY, Jason R.	MAJ	Student Detachment
CURTIS, Elizabeth H.	MAJ	Student Detachment
DAVIS Jr., Randall E. DUDLEY, Emanuel M.	MAJ MAJ	Student Detachment HHC, TSB
ENOS, James R.	MAJ	Student Detachment
EVANS, Lee A.	MAJ	Student Detachment
FEW, James M.	MAJ	Student Detachment
GILLIAM, Erin M.	MAJ	Student Detachment
GILLIAM, John B.	MAJ	Student Detachment
GREEN, Charles A.	MAJ	Student Detachment
GRIM, Adam M. GRISWOLD, John C.	MAJ MAJ	Student Detachment Student Detachment
HANDLER, Scott P.	MAJ	Student Detachment
HUDSON, Timothy P.	MAJ	Student Detachment
JACOBSON, Eric	MAJ	Student Detachment
KEENAN, Collin K.	MAJ	Student Detachment
KELLY, Kristy E.	MAJ	Student Detachment
KIRKPATRICK, Christopher J.	MAJ	Student Detachment
KLUCK, Jonathan S.	MAJ	Student Detachment Student Detachment
LAVALLE, Stephen T. LIN, Conway	MAJ MAJ	Student Detachment Student Detachment
LOWRANCE, Christopher J.	MAJ	Student Detachment
MACK, Brian W.	MAJ	Student Detachment
MATTHEW, Katie E.	MAJ	Student Detachment
MEDLIN, Brett M.	MAJ	Student Detachment
MORALES, Benjamin L.	MAJ	Student Detachment
PHELPS, Jennifer A.	MAJ	Student Detachment
RAMTAHAL, Eldred K. ROCKWELL, Kenneth P.	MAJ MAJ	Student Detachment Student Detachment
SCHMITT, John M.	MAJ	Student Detachment
SLITER, Allen M.	MAJ	HHC, TSB
SMITSON, Scott A.	MAJ	Student Detachment
STANLEY, Matthew C.	MAJ	Student Detachment
STANTON Jr., Robert C.	MAJ	Student Detachment
TAYLOR, William C.	MAJ	Student Detachment
THYNG, John S. TOLMAN, Thomas E.	MAJ	Student Detachmentt Student Detachment
VANSICKLE, Jeffrey B.	MAJ MAJ	Student Detachment
VAUGHN, Justin T.	MAJ	MEDDAC
WENTWORTH II, Jesse R.	MAJ	Student Detachment
WIJNANS, Emile K.	MAJ	MEDDAC
WINEGAR, Lisa L.	MAJ	Student Detachment
WROBLEWSKI, Michael D.	MAJ	Student Detachment
COUSIN, Roushel T.	1LT	Student Detachment Student Detachment
JACKSON, Tawanna RODRIGUEZ, Kerman A.	1LT 1LT	Student Detachment
WILLIAMS, Joseph E.	1LT	Co. A, 1st Bn., 13th Inf. Reg.
SOVULEWSKI, Thomas E.	CW3	Student Detachment
BOONE, Eric J.	MSG	HHC, TSB
JOHNSON, Darron M.	MSG	Co. B, 2nd Bn., 60th Inf. Reg.
PEACHERS, Jacqueline E.	MSG	HHC, TSB
WILLIAMS Jr., Horace L.	MSG	USACHCS
COLON, Jose R. DIXON, LaTasha D.	SFC SFC	Student Detachment Co. D, 1st Bn., 34th Inf. Reg.
MOLINARI, Luis M.	SFC	Drill Sergeant School
OLESON, Timothy E.	SFC	Co. E, 1st Bn., 34th Inf. Reg.
PARISH Sr., Randall W.	SFC	Co. A, VSB
ROEHL, Kevin J.	SFC	Co. C, TSB
WATT, Tiffany C.	SFC	Co. A, 369th AG Bn.
WADKINS, David A.	SSG	120th AG (Reception) Bn.
BAGLEY, Robert L.	SGT	Co. A, WTU FJ
CANNADY, Gregory CLARK, Brianna W.	SGT SGT	Co. C, 187th Ord. Bn. HHC, 187th Ord. Bn.
PARKER, Harold K.	SGT	Co. D, 2nd Bn., 39th Inf. Reg.
ROBISON, Wesley	SGT	HQ, 171st Inf. Brig.
SAULS, Daniel S.	SGT	Student Detachment

Welcome back



Photo by SUSANNE KAPPLER

Fort Jackson personnel returning from deployment are honored during Basic Combat Training graduation Friday at the Solomon Center. From left: Sgt. 1st Class Allen Brown, 171st Infantry Brigade, Jo An Miller and Carol Proxee, both American Red Cross. Brown and Proxee returned from Iraq, Miller returned from Afghanistan.

Harvesting hope

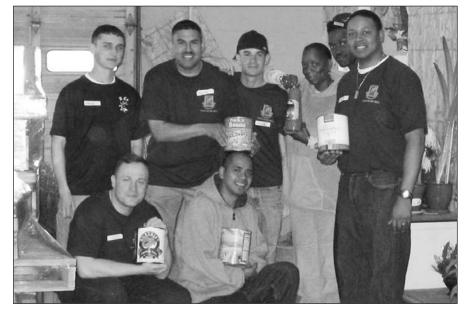


Photo by ANTONIO FORD, Harvest Hope Food Bank

Soldiers of Company B, 120th Adjutant General Battalion (Reception) assist the Harvest Hope Food Bank product rescue department March 25. The Soldiers put together two pallets of vegetables, canned meats, rice and other groceries. In addition, they cleaned and inspected the cans for expiration dates and serviceability.

Calendar

Saturday

Family Fun Fair

10 a.m.-2 p.m. Hilton Field

Monday

Junior Olympics

10 a.m. Youth Sports Complex (soccer) 1 p.m. Youth Sports Complex (track)

Thursday, April 9-Friday, April 10 Teen overnight college trip

Call 751-6387 for more information.

Friday, April 10 Health Rocks

6:30-9 p.m. Youth Center

Tuesday, April 14
Fort Jackson Spouses' Club lunch
11 a.m.-1 p.m., Officers' Club

Tuesday, April 14

Combat Infantryman's Association 6 p.m., Officers' Club RSVP at 351-2333 or at James. Kyzer@bellsouth.net.

Thursday, April 16 The Rocks Inc.

5:30 p.m., Post Conference Room RSVP by April 15 at 751-1898.

Tuesday, April 21
Fort Jackson Town Hall Meeting
5:30 p.m. MG Robert Solomon Center

Thursday, April 23
Home buying education workshop
5:30-7:30 p.m. Post Conference Room

Call 751-5788/9339 for information.

AUSA luncheon

11:30 a.m. Officers' Club For more information contact SBButler@bellsouth.net.

Announcements

Excess property sale

The Family and Morale, Welfare and Recreation Services and Supply Office is sponsoring an excess property sale April 3, 8 a.m.-3 p.m. and April 4, 8 a.m.-1 p.m. Golf clubs, flatware, chairs, vehicles and more will be available. There will be a preview of the available items today 11 .am.-2 p.m. in Building 4510. Call 751-4155 for more information.

Operation Purple

The National Military Family Association's Operation Purple camps offer a free week of fun for military children with parents who have been, are currently, or will be deployed. For more information visit www.operationpurple.org.

Support Command jobs

The 81st Regional Support Command Office of the Staff Judge Advocate has

vacancies for six Reserve officers and one Reserve E-5. For more information, call Chief Warrant Officer 3 Kevin McSally at 751-2692 or Master Sgt. Denise Underwood at 751-0833.

Fort Jackson Thrift Shop

Two paid positions are available at the Fort Jackson Thrift Shop. One is for a donation clerk, and the other is a cashier. To fill out an application, visit the Thrift Shop, Tuesdays, 9:30 a.m. to 2:30 p.m., and Thursdays, 9:30 a.m. to 5:30 p.m. The shop also has a good selection of prom dresses in stock. The Thrift Shop will be closed Monday-April 10.

Donate, Raffle and Fly

Sign up to fly with the Patriot Air Demonstration Team at a 2009 Air Show. For more information, go to *www.honor-flight.org*.

Ten Star All Star Basketball Camp

Boys and girls 10-19 years old are eligible to apply for basketball camp. Scholarships are available for participants. Go to *www.tenstarcamp.com* for more information.

Former students sought

Students and teachers from Fort Jackson Elementary School for the period of 1963-1966 are being sought for personal memories to commemorate the sight. Call Rhett Risher at 751-7524 or Denise Cuenin at 751-4096 for more information

Caselot sale

Thursday, April 9, 8 a.m.-8 p.m. and Friday, April 10, 1-10 p.m. at the South Carolina Army National Guard, 150 Speedway Dr., Fountain Inn, S.C.

Military ID cardholders may participate. For more information call (864) 862-5563 or 751-5789, extensions 300, 344 or 343.

AUSA scholarship

The Association of the United States Army, Fort Jackson — Palmetto State Chapter, is offering educational scholarships to chapter members. The deadline is May 15.

For more information contact SBBut-ler@bellsouth.net.

New deadlines for *Leader* announcements

Community submissions to the *Leader* should be typed, no more than 45 words, and should include: who, what, when, where, and a why, **Announcements must be submitted one week prior to the event.** The *Leader* reserves the right to edit announcements. To submit an announcement,e-mail it to *FJLeader@conus.army.mil*.

Housing events

Friday

"Do more in four" scrapbooking 10 a.m.-3 p.m. RSVP required.

Monday-Friday
"National No TV Week" challenge

Friday, April 10 Cookout/Grow with us

12-3 p.m. behind Balfour Beatty offices Mulch and flowers will also be available for residents

Easter Eggstravaganza egg hunt 3 p.m.

Tuesday, April 15 **Interactive cooking show**11 a.m. RSVP required.

Thursday, April 16 Boundless playground focus group 9-11 a.m.

Balfour Beatty conference room Call 751-9339 for more information.

Tuesday, April 16 Recipe exchange party 12 p.m.

Updates/announcements

Housing power outage

A scheduled power outage will occur from 9 a.m.-3 p.m. today in the following areas. Gilmer court - Jacks Inn; Knight Avenue — Jacks Inn (3751, 3770); Furman Smith (3800, 3802, 3804). Additional power outages may occur and residents will be notified as they are scheduled.

Area beautification

Approximate dates for beautification program are as follows:

April 3 — Pierce Terrace 5,7

April 10 — Pierce Terrace 2,6

April 17 — Pierce Terrace 3

April 24 — Pierce Terrace 1

New construction update

- ☐ Asbestos abatement started in the JNCO area last week.
- ☐ Land clearing in the General/senior officer area began on March 23. Site grading will begin approximately April 6. Concrete work will begin approximately May 1.
- ☐ Dump trucks will be in and out of Howie Village for the next two to three months.
- ☐ Tree harvesting is ongoing in Howie Village and should be completed approximately by Saturday.
- ☐ Demolition will begin mid-April around Brown Avenue.

All events are held in the Balfour Beatty Communities management office unless otherwise specified. For more information or to register for any events, call Courtney Williams at 738-8275.

Pets of the Week





Photos by OITHIP PICKERT

From top: 2-year-old Rottweiler and a 2-year-old Labrador mix, both female. For information on pet adoption or other services, call the Veterinary Clinic at 751-7160.

Off-post events

Sunday, April 5 German Palm Sunday Service

6 p.m. Living Springs Lutheran Church, 4224 Hard Scrabble Road

Saturday, April 11 Intermediate Foxtrot Dance Workshop

1:30-3:30 p.m. 680 Cherokee Lane

Azalea Ball/food drive

7:30-10:30 p.m. The Barn, 680 Cherokee Lane; Call 407-0132 for more information.

Friday, April 18-Saturday, April 19 67th Doolittle Raiders Reunion

Call 772-2945 or visit www.celebrate-freedomfoundation.org for event schedule and more information.

Tuesday, April 24
Santee Birding and Nature Festival
8 a.m. Santee National Wildlife
Refuge

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FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Lt. Col. Ronald F. Taylor

Director, Emergency Services/Provost Marshal

Sgt. Maj. Allen Taylor Jr.
Provost Sergeant Major
Billy Forrester
Fire Chief

Cases of the week

A male Soldier assaulting a female civilian in the housing area. The Soldier attempted to choke the civilian after an argument, MPs said. The Soldier was released to his unit and an investigation continues, MPs said.

A Soldier-in-training pointed an unloaded M-16 A1 at another Soldier and pulled the trigger. When cadre told the Soldier to stop he became unruly, MPs said. The Soldier was released to his unit, MPs said

Tip of the week

Fort Jackson is growing. With this growth comes a number of construction projects, which often create short-term inconveniences while improvements are made to better our community and our lives.

Often the main inconvenience is a lack



of nearby parking. While parking is always available on the installation, many times it is not as close as some would like. There has been no directive from the installation leadership to relax any parking policies. Fort Jackson Supplement 1 to Army Regulation 190-5 states "Parking on a seeded area or other area containing vegetation which is maintained by mowing, to include, but not limited to, roadsides, lawns, athletic fields and flower beds unless specifically authorized by competent authority."

This means do not park on the grass.

Military Police will cite vehicles observed parking on seeded areas. Penalties can be the issuances of a government ticket, which is reported through the offender's civilian and or military chain of command and carries a point assessment against the violator's driving privileges on the installation. If an offender accumulates too many points, his or her on-post driving privileges can be revoked.





SPORTS

Champions



Photo by SUSANNE KAPPLER

The winter basketball season ended Tuesday with double-elimination championship games. In the active-duty bracket, South Carolina National Guard beat 4-10 twice, 66-61, and, 55-52, to win the title. The National Guard team captured its second consecutive championship. That's Them took the recreational-team title outright when its opponent, Niteflyte, was forced to forfeit.

Sports shorts

- ☐ Letters of intent for intramural and recreational softball are due today. A preseason tournament is scheduled for April 14-18. Teams must sign up for the tournament by Tuesday. Players must be at least 18. For more information, call 751-3096.
- ☐ The 171st Infantry Brigade will host its inaugural bass fishing tournament tomorrow at Lake Wateree. The event starts at 8 a.m. For more information, e-mail *Patrick.Gaddie @conus.army.mil*.
- DoD ID card holders may register for the triathlon through April 14. The event is scheduled for April 21 and will feature a 300 meter swim, 12.5 mile biking and a 3.5 mile run. Competitors must be at least 18. For more information, call 751-3096/5768.
- ☐ Registration is open for Fort Jackson's annual strongman competition. There is no entry fee for Soldiers. For more information, call 751-3096.
- ☐ This year's youth baseball season will run April-June. Play is available in three age groups: T-ball (for children 3-5 years old); coach pitch (for children 6-8 years old) and Little League (for children 9 and older). The cost is \$40 for the first child and \$36 for each additional child. For more information, call 751-5040.
- ☐ For youth sports, call 751-5610/5040. For golf information, call 787-4437/4344. For sports information, call 751-3096.
- ☐ Health Rocks is a monthly event offering fun fitness activities and games at the Youth Services Center. It takes place the second Friday of each month, 6:30-9 p.m.

Health Rocks is open to children registered with Child, Youth and School Services. To attend, sign up at the Youth Services Center the week before the event. For more information, call 751-6385.